

We can advise:

if your daily living is affected by conditions such as:

- ❖ angina
 - ❖ arthritis
 - ❖ bad back or spinal damage
 - ❖ breathlessness
 - ❖ cancer
 - ❖ continence problems
 - ❖ dementia
 - ❖ depression
 - ❖ diabetes
 - ❖ dizzy spells
 - ❖ epilepsy
 - ❖ falls risk
 - ❖ hearing loss
 - ❖ heart problems
 - ❖ learning difficulties
 - ❖ manual dexterity problems
 - ❖ mental health issues
 - ❖ mobility issues
 - ❖ multiple sclerosis
 - ❖ neuralgia
 - ❖ neurological problems
 - ❖ polymyalgia
 - ❖ recovery from an accident
 - ❖ rheumatism
 - ❖ sight loss
 - ❖ stroke
 - ❖ vertigo
 - ❖ walking difficulties
- and many more conditions

anyone - any age - any disability

Head Office and Shop
6 Osborne Road
New Milton
Hampshire
BH25 6AD

Helpline: 01425 628750

adminline: 01425 623485
fax: 01425 638626

 New Forest Disability
Information Service

 NF_Disability

e-mail: info@newforestdis.org.uk
www.newforestdis.org.uk



charity no: 1104589 company no: 05124781
September 2016

New Forest Disability

Helpline:
01425 628750

New Forest Disability Information Service



Brochure sponsored by
The Rotary Club of New Milton
www.newmiltonrotary.org.uk

Opening hours:

Helpline: 01425 628750
weekdays 10am - 5pm
except Wednesdays 10am - 1pm

Head Office and Shop
weekdays 10am - 5pm
except Wednesdays 10am - 1pm

Hythe Outreach
The Grove, St John's Street
Wednesdays 11.30 - 4pm
(by appointment)

Lymington Hospital for
in-patients 3 times a week
&
for anyone every Wednesday
10am - 4pm in the foyer

Monthly Outreach locations
meet one of our Advisors in
numerous New Forest venues

Big Lottery funded
Pop-Up Advice at
many locations
across the forest



In certain circumstances a
home visit may be possible for
welfare benefit applications.

We are a charity:

Providing free, confidential, impartial
disability related information,
advice and guidance throughout
the New Forest and surrounding
areas.

We sell a range of new and
lightly used donated daily living aids
and mobility equipment
for example:
wheelchairs and walking aids
bathing equipment and dressing aids
feeding aids and beakers
perching stools and over chair tables
range of grab rails & safety equipment
handy manual dexterity gadgets
and much more.

A speaker is available for clubs
groups etc
we do not have a fixed fee
however a donation is very welcome.

Please phone for more details
or visit our website
details overleaf.

We have information on:

- ❖ access
- ❖ alarms
- ❖ bathing aids
- ❖ benefit applications
- ❖ Blue Badge applications
- ❖ car adaptations
- ❖ care agencies
- ❖ carer issues
- ❖ charitable funding
- ❖ club & leisure activities
- ❖ community care
- ❖ disability discrimination
- ❖ education & training
- ❖ employment & support
- ❖ equipment & suppliers
- ❖ holidays & leisure
- ❖ home adaptations
- ❖ legal rights
- ❖ meal delivery
- ❖ mobility aids
- ❖ ramps & access solutions
- ❖ residential & nursing homes
- ❖ safety rails and grab bars
- ❖ signposting to other services
- ❖ sport & recreation
- ❖ stairlifts & vertical lifts
- ❖ transport & accessibility
- ❖ voluntary organisations
- ❖ welfare benefit 'health checks'
- ❖ wheelchairs & scooters
and much more